

Black Religion By William Hart **Religion and black mental health** Hart then examines the affinities between Malcolm's spiritual journey and the journeys of Julius Lester and Jan Willis-- none of whom conform to standard expectations of what it means to be a black person and a religious person. **Black religion and black radicalism** Hart argues that the Muslim Judaic and Buddhist commitments of these autobiographers show that the black spiritual imagination—religious political and personal—cannot be limited to the standard narrative of Black Religion nor can spirituality be limited to religion,

Black religion and black radicalism

William Hart is an editor translator writer and teacher. **Black religions** He studied English literature at McGill University Montreal and translation (French to English) at the University of Ottawa. **Religion and black mental health** Since 1990 he has worked in Ottawa as an independent editor translator for various departments of the Canadian government, **Black religious fabric** His book *The Art of Living: Vipassana Meditation as Taught by S. N. Goenka* has become a definitive work in its field translated into than 15 languages. **Religion and black mental health** Hart has lived for extended periods in Israel Japan and India: **10 best books on religion in the black church** *Black Religion* explores the complexity of the black spiritual imagination using the autobiographies of three prominent religious leaders: **Black religious artwork** Looking at Malcolm X's journey from Christianity to Islam social parasite to "race man" libertine to ascetic Hart delves into the spiritual dimensions of Malcolm X's life. One of the first assistant teachers appointed by S.N. Goenka Mr. Hart continues to conduct Vipassana courses mainly in Israel. N. Fluent in English French and Hebrew Mr. *Black Religion*

