

Heart Drops of Kun tu bZang po By Daniel P. Brown It (1) a detailed set of by-passing preliminary practices including very detailed emptiness meditations; (2) thoroughly cutting through pith instructions on view meditation conduct and fruition to establish stable awakening. Emphasis is given the “the great non-action” as the essential point for crossing over from ordinary mind to awakened mind-itself; (3) by-passing pith instructions to purify ordinary perception so as to directly experience each of the levels of by-passing visions. Emphasis is given to the specialness of by-passing pith instructions as compared to thoroughly cutting through pith instructions drawing from the teachings in Awakened Awareness of the Cuckoo and (4) pith instructions for recognizing the very similar visions in the dying process and after-death bardos so as to transfer-consciousness at that time. Heart Drops of Kun tu bZang po Pith Instructions - Worth Every Penny! This is a very clear and concise presentation of a root text from the early 20th century by the Bonpo Dzogchen master Shardza Tashi Gyaltzen. It's the shortest by far of his trilogy (all of which are wonderful) and relatively expensive for the slim size but worth every penny due to being just packed with essential instructions for dzogchen practitioners,

This precious set of teachings was translated by Geshe Sonam Gurung & Daniel P, the 33rd Menri Trizin for the Pointing Out the Great Way Foundation, This book is the shortest of Shar rdza Rinpoche's trilogy on Bon Great Completion by-passing meditation: This text was originally translated into English by Lopon Tenzin Namdak entitled Heart Drops of Dharmakāya Ithaca Snow Lion 1993: That translation was based on lectures he gave on the text to Western students in Nepal in 1991: However that translation based on live lectures is not a line-by-line translation of the original Tibetan text and many quoted passages from other texts were omitted: Therefore we have made this new line-by-line complete translation available here: Originally published in 1993 as “Heart Drops of Dharmakaya” in the form of a oral commentary by Lopon Tenzin Namdak this is the first line-by-line translation, The translators here respectfully recommend using the two books in conjunction and I think this is an excellent suggestion, 5 Liberation from Extremes 127 Fifth through having realized self-occurring awakened awareness it doesn't get better and you are liberated from the extreme of nirvana. Through not having realized this it doesn't get worse and you are liberated from the extreme of samsara. By this view you cut off the tendency to partial views and partial realizations, You won't become sectarian and therefore you are liberated from the extreme of the eight vehicles: There is nothing to view nothing to meditate on and nothing to accomplish, Through being without doing and without effort you will remain in a happy carefree state of mind and this will suffice. Brown Ph.D. under the Guidance of H.H. “2.2.2.2.3. Whatever is done is already primordially liberated.” (p.58) Hardcover

