

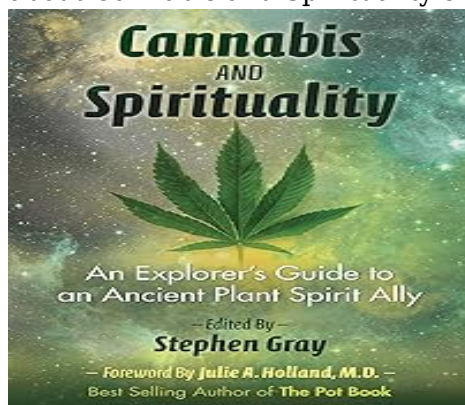
Cannabis and Spirituality: An Explorers Guide to an Ancient Plant Spirit Ally By Stephen Gray
Kindle Cannabis and spirituality means I recommend it for anyone interested in growing their relationship to cannabis as a part of their spiritual practice or even just as a peek beyond the modern cultural models for it. **EBook Cannabis and spirituality definition** although this book is not so much about how to utilize cannabis in your own practice.

Kindle Cannabis and spirituality means

Humans are complex latecomers compared to the higher plants ... The origins of this plant family date back 90 million years. **Kindle Cannabis and spirituality means** So the ancestors of this cannabis plant that we so love much were doing their own thing for a very long time before we two-leggeds showed up to appreciate their leafy descendants. **Cannabis and Spirituality epubor** Not including Stephen's pieces my top 3 favourites were Kathleen Harrison's Joan Bello's it gives a lot of interesting research with references and can be used as a tool for inspiration for your own practice. **Cannabis and Spirituality epub.pub** this book is also good for beginners as it discusses strains dosage misconceptions and more! definitely recommend if cannabis is a big part of your life / craft ☐ 9781620555835 Some interesting views on the topic and some less so aiming to sell an experience rather than objectively define. **EBook Cannabis and spirituality definition** 9781620555835 Tremendous guide that i will refer back to endlessly! Reinforces so many of my subjective experiences and relationship to the plant! 9781620555835 A guide to the benefits and challenges of the use of cannabis in spiritual practice • Includes chapters by 18 authoritative and influential voices of the modern cannabis movement including Kathleen Harrison Joan Bello Hamilton Souther Steven Hager Chris Bennett Dee Dussault Jeremy Wolff and Roger Christie • Explores the use of marijuana in a wide range of spiritual practices including meditation yoga chanting visualization shamanism group ceremonies work with other entheogens and as a creative aid Truly a medicine for body and soul one of cannabis's greatest gifts is its remarkable potential for spiritual healing and awakening. **Kindle Cannabis and spirituality vs** In this authoritative guide editor Stephen Gray and 17 other influential voices of the modern cannabis movement explore the spiritual benefits of cannabis and offer guidance on how to interact with the intelligence of this plant ally a companion and supporter of humanity for millennia. **Cannabis and Spirituality epub.pub** Exploring cannabis spirituality in practice Gray's chapters examine dosage strains and methods of intake; the use of cannabis to open the creative channels; how to conduct group ceremonies with cannabis; and cautions and counterindications for cannabis use. **EBook Cannabis and spirituality vs** We hear from Chris Bennett on the religious and ritual use of cannabis from pre-biblical times to the present Joan Bello on marijuana and the body-mind connection Dee Dussault on ganja yoga Kathleen Harrison on humanity's co-evolution with cannabis and cannabis shaman Hamilton Souther on working with the spirit of cannabis. **Smoking weed and spirituality** Revealing the potential of "the people's plant" to enhance a wide range of spiritual practices such as meditation yoga chanting visualization shamanism spirit work and explorations with other entheogens this guide shows how cannabis is an effective ally on the awakening journey unlocking the receptive energy in us all and helping us to feel connected to nature to each other and to ourselves. **Spiritual meaning of cannabis** Cannabis and Spirituality: An Explorers Guide to an Ancient Plant Spirit Ally One must be open-minded when reading this book due to the varying degrees of religious spiritual and cultural differences. **EBook Cannabis and spirituality definition** - There are sections in this book which I think should be required readings for anyone who chooses to go down the cannabis path towards spirituality medicinal healing and/or recreational use. **Kindle Cannabis and spirituality means** The author clearly (and redundantly) drives in the point that less (cannabis) is more (better experience) due to the tolerance that can be developed which eventually hinders actually achieving that same euphoric and enlightening high. **Cannabis in spiritual practice** In addition the author stresses that expressing intention and establishing setting are crucial in spiritual development if one is using cannabis as an ally in this capacity; using cannabis to get a fix or become numb is counterproductive

in one's journey since introspective growth essentially becomes non-existent. **Cannabis and Spirituality epub.pub** Negatives:-Some of the content seemed redundant but since this book is a compilation of many contributors each given their own chapter the redundancies are unavoidable considering the parallels in many of the spiritual practices. **EPub Cannabis and spirituality means** -The book became downright weird for a couple of paragraphs about halfway through; one contributor described a certain spiritual experience that they had fantasizing about cosmic sex with the entirety of the universe; to each their own I guess. **Marijuana and spiritual growth** - While the author stresses the need for conservative and well-intentioned cannabis use toward the end he ironically stresses his perception of cannabis being safe while presenting the only argument that it's pretty much impossible to die directly from cannabis itself. **EBook Cannabis and spirituality vs** To his credit the author does encourage individualized exploration and experimentation to fine tune their spiritual cannabis use in order to optimize outside productivity while cultivating loving compassion introspective wisdom and creativity if one chooses to go down this path. **Smoking weed and spirituality** I especially loved the editor's chapters on ritual creation and usage moderation as he has a similar spiritual background (Shambhala vajrayana buddism) to me--and yet he does so without seeming dogmatic. **Kindle Cannabis and spirituality means** It may have been some expectation of the book that I had that I wasn't fully aware of but I am coming out of reading it with a vague and difficult to place sense of dissatisfaction, I personally feel my relationship to cannabis has grown positively from reading this book, **Cannabis in spiritual practice** 9781620555835 this book is a fun and interesting read if you are wanting to know more about the history and common practices of cannabis and spirituality, **Cannabis in spiritual practice** the book contains essays by different authors as well as a couple interviews with different shamans: **EBook Cannabis and spirituality means** The antecedents of the cannabis that we now know were hanging out with the dinosaurs , **Cannabis and Spirituality epub.pub** But early on in our human evolution we discovered that certain plants offered benefits beyond safely satisfying hunger, **Cannabis in spiritual practice** This was a perfect read for today(Maha Shivaratri) JAI SAMBHO! 9781620555835 I really liked this book, **Cannabis in spiritual practice** Like any collection of essays a few of them just didn't meet me in a harmonious way. **EBook Cannabis and spirituality means** But the vast majority did and the editors Stephen's pieces were poignant and super informative sprinkled with wisdom that extends beyond the plant relationship and into daily life. **Cannabis in spiritual practice** The contributors explore the spiritual future of this plant ally as well as the ritual use of cannabis by the Rastafarians of Jamaica and the Sadhus of India: **EPub Cannabis and spirituality vs** The chapters from Brazilian ayahuasca shaman Mariano da Silva and ayahuasca apprentice Francisco present wisdom on comingling the sacramental medicines of cannabis and ayahuasca, **Spiritual meaning of cannabis** Positives:-Great introduction on various religious and spiritual practices using cannabis as a spiritual/meditative medium: **EBook Cannabis and spirituality vs** Furthermore the author stresses that cannabis AMPLIFIES everything the good and the BAD and that the sacramental herb needs to be respected with the right intentions for consumption, **Effects marijuana have of spiritual energy** At this point I had to convince myself to push forward through the rest of the book but I'm glad that I did. **Cannabis and Spirituality epub.pub** -The author does a pretty good job trying to stay neutral on the subject of cannabis but there's definitely quite a bit of interjecting metaphysical thoughts and personal worldviews. **EPub Cannabis and spirituality definition** The deductive reasoning and logic is relatively solid for most of it though. **EPub Cannabis and spirituality definition** Then again every religious denomination seems to have their own interpretations maybe even speculation on their respective Scriptures, **Marijuana and spiritual awakening** The author could've done a better job expounding in those areas, **Cannabis and spirituality pdf** However he gives examples of heavy users and the consequences that they've had to endure, **Effects marijuana have of spiritual energy** With the exception of medical patients the author is clear that daily or heavy use is counterproductive. **Spiritual effects of marijuana** 9781620555835 I loved this book! It's staying on my shelf as a reference on the religious history and neurological effects of pot and an inspiration for my own

spiritual practice. **Spiritual effects of cannabis** I would definitely recommend this book to anyone curious about using MJ for more than recreation and pain relief, **Cannabis in spiritual practice** 9781620555835 I really liked this book and I think it did a lot for me in terms of providing some strategies to try in approaching a spiritual journey with such a tool, **What is cannabis used for spiritually** For some reason there was some itch it didn't quite scratch for me and unfortunately I am having a hard time articulating what that is right now. **Cannabis in spiritual practice** I do still think it's good reading and I really love most of the stuff Holland puts out, **Cannabis in spiritual practice** Perhaps this hasn't been quite as heavy hitting as some previous works and maybe that is what is going on: **Cannabis and Spirituality epub** 9781620555835 I did like the references to Terence McKenna in this book, **Cannabis and spirituality pdf** 9781620555835 Very good book about Cannabis and Spirituality 9781620555835 {site_link} post a comment



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And Jeremy Wolff's. Our genus Homo is currently considered to be a mere 2.8 million years old. Overall recommended. Overall I'd give 3.8 stars if it were an option.-I felt like some of the Biblical references were a stretch. Safe is subjective. Responsible use is subjective as well