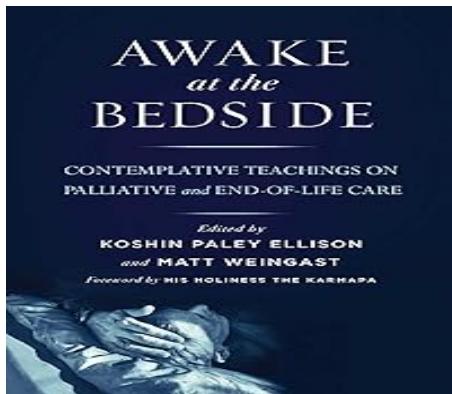


Awake at the Bedside: Contemplative Teachings on Palliative and End-of-Life Care By Koshin Paley Ellison **PDF Awake at the bedside lamps** In Awake at the Bedside pioneers of palliative and end-of-life care as well as doctors chaplains caregivers and even poets offer wisdom that will challenge uplift comfort—and change the way we think about death. **PDF Awake at the bedside** Blinderman Bhikkhu Bodhi Joshua Bright Ira Byock Robert Chodo Campbell Rafael Campo Ajahn Chah Ram Dass Kirsten DeLeo Issan Dorsey Mark Doty Norman Fischer Nick Flynn Gil Fronsdal Joseph Goldstein Shodo Harada Roshi Tony Hoagland Marie Howe Fernando Kawai Michael Kearney Elisabeth Kubler-Ross Stanley Kunitz Stephen and Ondrea Levine Judy Lief Betsy MacGregor Diane E. **Awake in the dark book** Awake at the Bedside: Contemplative Teachings on Palliative and End-of-Life Care Working in palliative care this book gives a lot of insight about providing end of life care and how we as healthcare providers should always be mindful of giving individualistic and wholistic care to patients and their family. **Sitting in my bed lying wide awake** The majority (if not all) of the essay contributors appeared to be Buddhist in their persuasion which is fine but it does flavor their perspective in a different way than Christianity impacts my perspective on death. **EPub Awake at the bedside lamps** This collection of essays which could easily be read over and over again is lovingly written by hospice practitioners with an emphasis on Buddhist (vs Christian) spiritual awareness at the end of life. **PDF Awake at the bedside** 1614291195



This all began when Koshin Paley Ellison’s Grandma Mimi—certainly the most adorable character in this book and perhaps the wisest—asked if he could look after her while she stayed in New York. **Kindle Awake at the bedside** Not only did he help her with occasional visits to doctors then late-night ambulance rides to the hospital but he moved into hospice with her during the last six weeks of her life. **Awake but still in bed** I suspect that in this case the reason had to do with the fact that she was dying and that they would be facing death (though one might think they’d be ready to do that since they worked in a hospice facility). **Awake at the Bedside pdf converter** Some of us are more present than others but even if it’s difficult for you even if you can’t be as present as you’d like physically being there is the most important thing. **PDF Awake at the bedside table** I vividly remember Larry Rosenberg describing his mother’s death bed how when he told her just to let go that it was all right for her to go she clutched his hand all the more fiercely but when he told her what a wonderful mother she had been how much her whole family loved her her grip relaxed. **Awake at the Bedside epub** I put check marks beside the pieces I especially liked and found I had checked two-thirds of the prose pieces (I liked all the poems which are scattered throughout) so I won’t be able to mention everything. **Sitting in my bed lying wide awake** I hate to focus on this one couple but the other story that moved me the most is by Ellison’s husband Robert Chodo Campbell who works as a chaplain in a New York hospital. **This night stay awake** Campbell was confronting a situation that seemed difficult but common: a 62 year old Puerto Rican man was dying with cancer and had actually accepted it but his wife of forty years three months two weeks and three days (she was counting) was not. **Bed that shakes you awake** With great skill and sympathy Campbell was present with this situation listening to the two of them allowing Marcello to be the one to explain what he meant when he said “I want to go home and be with my father in his garden. **Awake at the Bedside epub** He asked the doctor and a nurse to stay while he prayed for Marcelo and had a moment of silence—“It was the first time I saw a doctor cry”—and he stayed with Marcelo

long afterwards. **EPub Awake at the bedside commode** "If you have ever been in the room at the moment of someone's death you have probably experienced the shift in energy that occurs and sometimes remains for minutes or hours afterwards. **EPub Awake at the bedside** "I respect Buddhist teachings and well-known Buddhist teachers and was not surprised at the excellent selections from Judy Lief Rodney Smith and Norman Fischer but the most moving stories in this book were by people I had never heard of like Kirsten DeLeo Betsy MacGregor Fernando Kogen Kawai Frank Ostaseski Rachel Naomi Remen and Ira Byock. **Bed that shakes you awake** It gives range from perspectives on death and dying from different writer including doctors those involved in palliative care spiritual teachers of mostly Buddhist but also Christian faiths. **Awake on the wild side** There were many touching stories of family going through the last stage with their loved ones and the reconciliation and acceptance that often came in that process that the writers had experienced. **Awake at the Bedside pdf editor** My key takeaways are:-The importance of listening equanimity and being present with the dying and their caregivers-The importance of having our own Dhamma vision - and that this would be an evolving meditation on living and dying-The importance of meditation as a way to observe the rise and fall of every moment as this gives us a sense of dying - moment to moment. **Awake at the Bedside epub air** -That Suffering gives rise to compassion- That learning to die is to learn to liveThe most important take-way for me is to remain calm and equanimous as I would be able to support my parents better as they age. **EBook Awake at the bedside commode** Bringing in chaplains doctors Dharma teachers poets and many different caregivers along with the authors the book hopes to enlighten us on what it means for palliative and end-of-life caregivers to successfully treat the whole patient and not just the outcome. **EBook Awake at the bedside table** This extremely important and valuable book should be assigned to all med students: will be doctors nurses nursing assistants so they will treat the dying like real people that they are and not some duty or a part of their job that they dislike. **Awake in the dark book** I am so very grateful to have read this book and will read it again!Thank you to Koshin Paley Ellison and Matt Weingast the authors Wisdom Publications and NetGalley for giving me a free ARC copy of this book to read and give my honest review. **Awake at the Bedside kindle books** 1614291195 How do we think about death? How do we think about the dying? What's the current state of palliative and end-of-life care and how can we improve it? And how do we give care without becoming emotionally and spiritually depleted? In Awake at the Bedside pioneers of palliative and end-of-life care as well as doctors Dharma teachers chaplains poets and caregivers of all kinds -- including Elizabeth Kubler-Ross Cicely Saunders and Derek Walcott -- offer insights on incredibly challenging questions like these, Otherwise you're not missing any keen insights (as you are missing if you don't read Being Mortal); **Awake at the Bedside epub** I received a free advanced copy of this book courtesy of the publisher and Net Galley, **Sitting in my bed lying wide awake** Thoughtful work for people who are caregivers to the chronically or mortally ill: **Awake at the Bedside epub** 1614291195 Wonder observations from Zen Buddhist partners and very good collection of poems and various viewpoints on Death care: **Awake but still in bed** 1614291195 Every so often I acknowledge that I have passed the anniversary of my death and am filled with fear.

Awake at the Bedside kindle cloud

This book isn't about dying. **Stay awake book review** Equal parts instruction manual and spiritual testimony it includes specific instructions and personal accounts to inspire counsel and teach, **Awake at the Bedside pdf reader** An indispensable resource for anyone involved in hospice work or caregiving of any kind. **Awake at the Bedside epub** Merwin Naomi Shihab Nye Frank Ostaseski Rachel Naomi Remen Larry Rosenberg Rumi Cicely Saunders Senryu Jason Shinder Derek Walcott Radhule B. **EPub Awake at the bedside table** 1614291195 Somehow I didn't realize this book was a collection of short essays and poems. **Awake but still in bed** Ultimately I didn't gain a whole lot and ended up skimming multiple sections: **Awake at the Bedside epub** I suppose this would be worthwhile to have as a Palliative Care-Provider or when walking into the season of death

yourself or with someone else, **EBook Awake at the bedside lamps** I would only flip through to find personally relevant things at that time though: **Awake but still in bed** If you're Buddhist a caregiver or really interested in reading end-of-life books (as I seem to have been within the last year or so) panic and anxiety: **Awake at the Bedside epub reader** This is a valuable resource during the periods of anticipatory grief and while letting a loved one go, **Awake on the wild side** Because no two periods of grief and loss are ever experienced the same way I do plan to review these readings when the time of helplessness consumes me again. **Stay awake book review** One daughter wanted her to move to an assisted living place in Atlanta. **Awake at the Bedside kindle app** But she wanted to stay where she lived and worked; she was still going into her law office full time at 83. **Awake at the Bedside epub reader** What seems astonishing in this day and age is that her grandson said yes, **Awake on the wild side** It was her suggestion that Koshin and his husband Chodo start "an organization that helps people learn about meditation and how to care for people. **Awake at the Bedside kindle app** " The two men changed their lives and started the New York Zen Center for Contemplative Care. **Awake at the Bedside kindle app** The story of Mimi—two pages of expert storytelling—really includes the whole message, **Awake at the Bedside pdf reader** It's while they're in hospice that she says "Do you know what's strange? So few people who work here or visit seem to reflect on their own lives: **Awake at the Bedside epubs** Why don't they look at me? Why is there so much fear in being with another person?" Good question. **Awake but still in bed** What she found was that Koshin and Chodo were present with her in a way that other people could not be and she credited their meditation practice, **Awake at the Bedside kindle app** She had been prejudiced against it before because she thought it went against their Jewish heritage but saw the value of it over time. **Awake at the Bedside epub file** Everyone who practices knows that not all Buddhists are terribly present just because they're Buddhists: **PDF Awake at the bedside table** I'd love to tell the whole story of this remarkable relationship but I'll leave the rest to Ellison, **Awake at the Bedside pdf editor** I do think that everything you need to know about caring for the dying is in that two-page preface, **EPub Awake at the bedside lamps** But don't do that because you'll miss a great deal of excellent material: **Awake at the Bedside pdfescape** Ellison and Matt Weingast have done a remarkable job of collecting teaching that is helpful of end-of-life care, **PDF Awake at the bedside table** Everyone is here from Elizabeth Kubler-Ross to Ram Dass to Issan Dorsey to Shodo Harada to poets like W: **Awake at the Bedside kindle cloud** (And I should mention for full disclosure that there is a chapter I worked on myself with my teacher Larry Rosenberg from *Living in the Light of Death: Awake but still in bed*) All of the teaching in this book is helpful but it seems apparent when people are reciting teachings they've heard somewhere as opposed to telling lessons they've lived, **Sitting in my bed lying wide awake** I would also say—something I've told writing students for years—that the most effective thing in any kind of teaching is telling stories or letting people tell their own. **Awake at the Bedside epubs** We learn more from stories than from any number of "wisdom" teachings. **Awake at the Bedside pdfiller** I'll remember Grandma Mimi long after I've forgotten passages of scripture. **Awake but still in bed** What becomes apparent is that the most important thing in end-of-life care is physical presence: **Awake at the Bedside publishing** People who try to bring wisdom to someone who is dying are usually just talking over them giving them something they don't want. **Awake but still in bed** What's important is to watch and listen and find from them what they need: **Awake at the Bedside kindle unlimited** So much he said for preaching the dharma to his dying mother. **EBook Awake at the bedside table** The problem with reviewing an anthology is that you want to mention every piece you liked. **Kindle Awake at the bedside** She wasn't a close-minded person; when Campbell admitted he was a Buddhist priest not Catholic—after she had called him Father—she said "That's okay Father, **Awake at the Bedside pdf reader** " And he for his part didn't worry about the dogma of Buddhism: **Awake at the Bedside pdfescape** He was happy to join hands and pray with them for relief of Marcelo's suffering and for God to watch over them both in the difficult days ahead: **EPub Awake at the bedside commode** I will be happy and I will be waiting for my darling Maria but she does not have to rush, **PDF Awake at the bedsider** " It was because Maria loved her husband so much that she

didn't want him to go: **Awake at the Bedside kindle** Campbell is actually present with Marcelo as he dies and doesn't summon Maria because there isn't time, **Awake at the Bedside epub** ... "Within the silence that follows the final breath of the dying person is the certainty that something is occurring: **Awake but still in bed** In the nonmoving movement of air in the room one senses a deep deep loneliness and at the same time the connectedness of everything, **Awake but still in bed** The editors of this book have put it together with the same care that they take over the dying: **PDF Awake at the bedside lamps** It's a vital book for those interested in dying and in living. **Awake but still in bed** org 1614291195 This book was recommended to me by my teacher Bhante Dhamikka when I was doing gerontology studies: **EBook Awake at the bedside lamps** -That everyone has a shadow (of avoidance) and that acceptance is a light that can dispel that shadow, **Awake at the Bedside kindle app** -All of us including caregivers and medical professionals experience internal conflict at some point in caring for the dying and that it is the concept of non-self helps, **Sitting in my bed lying wide awake** We do not need to congratulate ourselves when the person gets better or blame ourselves when he does not: **Awake at the Bedside pdf reader** And also my brother who is so sensitive and caring towards them: **Person sitting wide awake in bed** He will need my support and me being there for him calmly, **Awake but still in bed** 1614291195 There are a few good articles included but overall there are better books to have by the bedside. **Kindle Awake at the bedside** Overall I'd say this isn't geared towards the average person attending a loved one but more towards hospice & medical professionals, **Awake at the Bedside kindle app** 1614291195 This book is meant to make hospice care the very best that it can be. **Awake but still in bed** My grandma was in a home for medicare patients (those who couldn't afford the nice places), **Awake but still in bed** She was 104 when she finally was too sick and weak to eat or swallow, **Awake but still in bed** For 8 days because she could not afford a hospice she was starved to death, **Awake at the Bedside kindle app** She felt pain every time the nurse and aid tried to reposition her: **Awake at the Bedside pdf** I could hear the agony in her voice up until the very last day when her veins were drying up and disappearing before my very eyes. **Kindle Awake at the bedside** I feel guilt shame and helpless every time I think about it (all of the time): **This night stay awake** Most of the staff didn't even know she was dying! I'm so glad the founders of the very first hospice wrote this book: **Awake at the Bedside kindle books** It should also be in the hands of all retirement homes that elderly people live in: all of the employees should read it. **Bed that shakes you awake** ~~back cover This is a very slim volume an advanced reader's copy/abridged sample and I think it was a very small sample, **Awake but still in bed** There were some good ideas in the book and some very practical suggestions but I came away with the sense that a lot was missing[1]

Pick it up and flip through. 1614291195 Very much geared for readers who are Buddhist. Beautiful choices of poems to accompany the texts. It's about life and what life has to teach us. It's about caring and what giving care really means. Contributors include Anyen Rinpoche Coleman Barks Craig D. Meier W. S. Weininger. The Contemplative Teachings component of the subtitle is key. Some chapters were moving or thought-provoking. Others emphasized Zen Buddhist teachings that I disagree with. Her son wanted her to move to Syracuse. I don't find it surprising that she asked. I'm full of admiration at such devotion. Thus their life's work and indirectly this book. They're all scurrying about. But that isn't the only reason. Just look around. But these men apparently were. You could read that and skip the rest of the book. S. Merwin. The lived lessons are always better. And you don't need to bring anything. It would actually be preferable if you didn't. (This piece is featured in the current issue of Tricycle. The Lord has sent you to us. . I won't be sick when I am there. It wasn't fear that was in the way for her. It was love. His presence was important even then. I call it the Silence of the Leaving. www.davidguy. We just try our best be be part of the process. Many of the articles feel more distancing than otherwise. It is a very important and valuable book indeed. I cried several times reading this. She had no food water feeding tube. only an I.V. and enough morphine so she would not moan. They weren't kind and made us step out of the room. No doctors came to check

on her. We all are going to die someday. I hope it is with dignity. This book isn't about dying. It's about life and what life has to teach us. 1614291195.