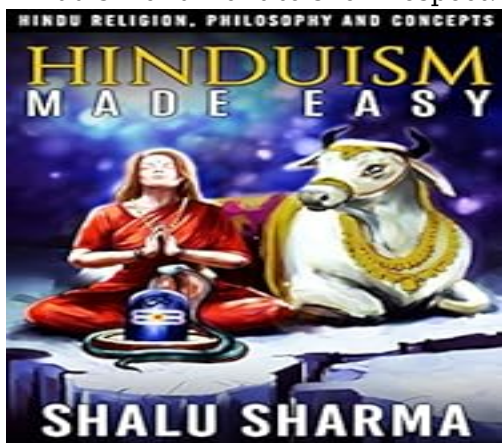


Hinduism Made Easy: Hindu Religion, Philosophy and Concepts By Shalu Sharma Shalu Sharma gives readers a look inside Hinduism and India that can't be found elsewhere and the way she writes brings not only the stories of the past alive but gives readers a glimpse into the amazing present of this religion and philosophy that we can all learn from. The only way you are really going to learn the truth about Hinduism is to either go to India and visit a Hindu school or read through this entire book with an objective mind. The chapters in this book: Chapter 1 Introduction to Hinduism Chapter 2 Hindu Philosophy Chapter 3 Concept of Maya in Hinduism Chapter 4 What is Karma? Chapter 5 Soul (Aatma) in Hinduism Chapter 6 Reincarnation in Hinduism Chapter 7 Brahman - The Supreme Being Chapter 8 Why Hindus Worship Idols? Chapter 9 Mantras in the Hindu Religion Chapter 10 Practice of Yoga in Hinduism Chapter 11 Vegetarianism in the Hindu Religion Chapter 12 The Caste System in the Hindu Religion Chapter 13 Popular Hindu Gods and Goddesses Chapter 14 Symbolism of Arms in Hindu Gods and Goddesses Chapter 15 Hindu Swastika Chapter 16 The Aum Chapter 17 Holy books of the Hindus Chapter 18 The Mahabharata Chapter 19 Bhagavad Gita Chapter 20 The Ramayana Chapter 21 River Ganges in the Hindu religion Chapter 22 The cow in Hindu religion Chapter 23 Major Hindu Festivals Chapter 24 Important Hindu Holy places to visit in India Chapter 25 Tips for visiting a Hindu temple Chapter 26 Conclusion Hinduism Made Easy: Hindu Religion.

If this book were any longer I wouldn't have finished it. As the reader learns about Hinduism a religion that is at least 4000 years old and with over 750 million followers they will find out some incredible facts about a religion that is also a philosophy of life. I loved Saraswati who is a female God of Wisdom how awesome is that? The Hindu religion is compiled of many Gods and amazing philosophies to make not only an individual's life better but also the lives of those around them. Also it had useful links and pointers for tourist I found this useful to recap Great links and detailed enough to be useful whilst short enough the read quickly! Travel This was an awesome read with lots of educational information. Travel Just enough to hold your attention Although having been a student as it were of the myriad religions and faith practices embraced by human beings the world over most of my life studying the belief system of the Hindu is a relatively recent undertaking for me - meaning only for the past 3 decades. Notwithstanding I have been aware of the many sides or faces of Hinduism for many many years and have found that keeping the basic tenets shared by the different disciplines of this oldest of religions is difficult at best. Shalu Sharma's presentation explanations and breakdowns of the different sacred/holy texts deities and their stories sacred sites and festivals etc have has succeeded in finally bringing a semblance of order to the reference library in my brain. I do recommend Hinduism Made Easy: Religion Philosophy and Concepts as a primer for those who think they might like to become more familiar with the way their Hindu neighbors friends and acquaintances practice their faith or for those who wish to travel to those countries which practice Hinduism and want to show respect: Travel



Great introduction Great introduction to Hinduism would suggest to every beginner interested in spirituality: And an explanation for the misconceived parts of the religion and beliefs, Travel Having read the three epics.

Animal sacrifices and reincarnation: These are the key points that people often misinterpret because they see movies or television shows that misrepresent the real Hindu religion: If you are thinking about becoming a Hindu then it has to be your choice alone, You first need to study the Vedic scriptures and seek religious guidance from an elder Hindu, This book will simply awaken you to the religious customs of Hinduism and get you familiar with what you are in for. The great part about Hinduism is that you don't need to have a religious affiliation with it in order to learn from its teachings and participate in its traditions. Hinduism is all about establishing a spiritual connection with your soul and the universe: For some Hindus.

They don't even reach this point for an entire lifetime. That is why they continuously reach for the Sanskrit texts and practice their meditations. But it's super-short and since I know very little about Hinduism I learned some stuff that was useful, Travel Hinduism Made Easy is a break down of how Hinduism originated philosophy and all the various aspects of it, I can't say I'm a Hindu expert yet but now I have a good understanding of it. The chapters are divided and organized well each flowing from one to the next, Sharma takes complex ideas and puts them in terms that are easily understood by all, Travel I am always amazed and delighted to purchase a Shalu Sharma book and this interesting informative book is definitely one to have: The author did an amazing job describing the facts of not only this amazing religion but in all aspects of the religion and of India and its beautiful temples and celebrations. Readers will find great illustrations and what I found very interesting this was a good book to reference. Not overly flowery or simple and not too dry or scholarly Shalu offers a matter-of-fact just enough in-depth foray into a belief system that can be very confusing. I'm now of the mind that further study will no longer be as daunting as I first anticipated, or even for those who have thought to embrace Hinduism for their own spiritual reasons: Travel Hinduism Made Easy by Shalu Sharma is a well-written and informative book in her educational series on India its people and culture: This edition focuses on the Hindi religion its philosophy and concepts which have influenced Eastern culture for thousands of years: It differentiates between the astika (orthodox) and nastika (non-orthodox) teachings which provide for the complex schools of thought enriching Indian society: These different paths are explored and their meanings discussed in a way for learners on all levels to understand and appreciate, For those interested in the world around them and the religions that make it unique Hinduism Made Easy by Shalu Sharma is a worthy addition to your reading list. Travel If you ever wanted to learn about the concepts and fundamentals of Hinduism then this is the book for you. Even though the Hindu religion is the oldest religion in the world there are many misconceptions that laypeople have about it: Some people don't understand the mystical chants and mantra traditions where they keep repeating Aum over and over again, But you have to understand the religion to truly appreciate where these acts and traditions come from: There is a 4000 year history to Hinduism that many people outside of India don't even know about, On top of that Hinduism has evolved a lot over the years with both oral and ancient stories involving the laws of Hinduism, These stories were often told by sages who passed down their knowledge of the religion to their disciples, Eventually there was a compilation of ancient Sanskrit texts where Hindus could study the ethical and moral code that they needed to live by, However Hindus for thousands of years have been changing traditions and teaching new philosophies about the religion that help motivate modern day people to become followers, Furthermore they encourage them to take up Hindu derived practices like yoga and meditation in order to help them feel better in their lives. You don't have to be looking to convert to Hinduism to appreciate this book: It is not a book that is going to try to change you or convince you that Hinduism is the one true religion to believe in. This book simply goes over all the important aspects and traditions of the religion as they are broken down into chapters, That way you can understand the Hindu concepts of God prayer meditation Philosophy and Concepts.

The beautifully written legends that are a must read. It has good explanation of the basics of belief and philosophy. If you are a westerner then this probably means you. It's riddled with typos and grammar that's painful to read. I have gained more respect and knowledge from this read and makes it interesting enough to hold one's attention