

Bikenomics: How Cycling Can Save The Economy By Elly Blue **Bikenomics book** Bikenomics: How Cycling Can Save The Economy I can't remember the last time a book has made me so excited! I can't wait to start a bike advocacy group in my community. **Bikenomics pdfescape** CDC recommends 30 minutes of physical activity five days a week... we are more likely to achieve this by hopping on a bike for short trips rather than expensive time and money on gym membership. **Bikenomics pdffiller** The basis of the economy is not the dollar- it's us! The economic health of our community relies on our ability to participate in them by working buying selling and healing each other. **Bikenomist srl** The easier and more intuitive it is to use our streets to bike the more people will do it!The best thing for bike safety is more people out on bikes! More riders is fewer crashes. **Bikenomist srl** When she talked about the negative connotations of bike helmets I was intrigued (they connote a sport element and in countries like Netherlands are hardly worn because it is so safe to cycle there). **Bikenomics kindle** And while she mentions frequently the need to include low income and minority groups in our discussions of bike infrastructure and safety.

## **Bikenomics epub.pub**

Making the case for adopting more sustainable modes of transportation this engaging reference explores the economic benefits of bicycling. **Bikenomist srl** It starts with an analysis of the real costs incurred by individuals and families in existing transportation systems and goes on to examine the current civic expenses of these systems. **Bikenomics epub air** With critiques of modern society's deep-rooted attachment to car culture this book tells the stories of people businesses organizations and cities who are investing in two-wheeled transportation. **Bikenomics kindle** Offering a fresh and compelling perspective on how people get from place to place this book reveals the multifaceted North American bicycle movement with its contradictions challenges successes and visions for the future. **Bikenomics ebookers** Bikenomics: How Cycling Can Save The EconomyThe author provides lots of arguments to back up the idea that bicycling is good from a money standpoint as if the obvious benefits to fitness safety the environment and all that are not enough. **Bikenomics pdffiller** And since she walks the walk (rides the ride?) she's all the more credible when she cites her facts like:The federal transportation department estimates the economic impact of each life lost on the roads at \$7 million. **Bikenomist srl** When a road or intersection is deemed unsafe investment is determined in part by looking at the value of the number of fatalities multiplied by \$7 million -- and comparing that with the amount it could cost to fix it. **Bikenomics book** I originally knocked a star off because I found my attention wandering at some points -- mainly because I was trying to assimilate massive amounts of data in a short period of time -- and then I realized that wasn't a good enough reason to give this book less than 5 stars. **Bikenomics pdf** I came away from Bikenomics with ideas on how to approach local business to get them to support biking -- and the solid belief that this is what I want to do and should be doing for the sake of myself and my community. **Bikenomics ebookers** Talk about a strong book! I'd recommend this for anyone who has a passing interest in bicycling as a way of getting around for government officials staring down a pile of requests for new bike lanes and for those of us who sometimes feel like we're all going down the tubes and we can't do anything about it. **Free audio books online bikenomics** I believe that Elly Blue is actually a brilliantly trained secret financial agent and is merely masquerading as a bike-loving hippie in order to get us all to lower our guard and tolerate economic discussions that don't make copious references to tofu. **Bikenomics epub air** Bikenomics: How Cycling Can Save The Economy Well worth reading (particularly if you're unfamiliar with the general bicycle advocacy literature - or for that matter the literature that painstakingly lays out the pathologies of our self-destructive car-obsessed-and-dependent-and-biased culture/economy/society). **Free audio books online bikenomics** This is a highly accessible easy to digest introduction to many of the larger issues currently being addressed (or frankly ignored) at the federal state regional and municipal level after years of under-investment in infrastructure (and of course the potentially significant coming investment in (hopefully reimagined) infrastructure) and will become only more

prevalent as the accelerating climate crisis drives governments and communities to think further outside the box. **Free audio books online bikenomics** All the pieces are there but (best I can tell) Blue isn't writing as an economist or for economists - and that's OK - but the title might suggest otherwise at least to some. **Bikenomics ebookers** Reviewer's Achilles Heel/soft-spot: This won't come as a surprise to readers well versed in the modern literature related to climate change environmental justice and well advocacy related to almost every conceivable pathology in modern society but . **Bikenomist srl** The book is highly anecdote-driven so (based on my own albeit quirky experiences) I was ever so slightly disappointed that I didn't find any/more references to some of the really impressive infrastructure development and urban decision-making related to bicycling in Denver or Geneva (Switzerland). **Bikenomist srl** Maybe they'll make it into the next edition in addition to a stronger climate-change mitigation hook along with more coverage of the explosion in e-bikes - for personal use for older riders for freight delivery and of course for the Uber-Eats/GrubHub-type market. **Bikenomics kindle** **Bikenomics** **kindle** **Bikenomics**: How Bicycling Can Save The Economy I initially picked up this book and thought that although I should read it after flicking through the pages and seeing all the numbers and factoids referenced I wasn't really looking forward to it. **Bikenomics ebookers** I'm glad I dug in however as it's a brilliant and succinct account of the economics of bicycles - and how more investments by cities in bicycle infrastructure can build community improve health outcomes (both physical and mental) address economic and social disadvantage gender and racial inequality and sort out the environment. **Bikenomics booklet** But the book also interrogates how better bicycling infrastructure tends to be dominated by better off gentrifying communities - leaving poorer communities without access to public transport or cycling and keeping them in economically disastrous car dependency. **Bikenomist srl** I thought the focus on the American economy would mean that the book would have limited insights for Australians but on the contrary the many experiments different cities in the states have tried regarding cycling provides a laboratory for other countries that have relatively young cities designed around automobiles. **Bikenomist srl** **Bikenomics**: How Bicycling Can Save The Economy I was browsing the library during my lunch hour happened into the sports section navigated to teh bikes department and found this book and thought I would give it a try. **Bikenomics ebookers** The last three paragraphs of the book does well to explain its thesis: Whatever our challenges we're better able to face them when we are relatively fit healthy happy prosperous confident and on confidently equal footing with each other and able to forge strong connections within and between communities. **Bikenomist srl** The bicycle is at this moment in history the rare tool that reminds us that we have the power to help ourselves and each other in exactly the ways that will allow us to face the worst of the disasters we find ourselves in. **Bikenomist srl** Interesting notions about the economic benefits of biking but no realistic discussion about how much cycling particularly as a replacement for driving improve ms mental health and self esteem more likely to enjoy your commute have less stress feel more freedom but a lot of the claims don't seem credible and that's pretty off-putting. **Bikenomics kindle** **Bikenomics**: How Bicycling Can Save The Economy While I agreed with this book on its overall points NONE of the anecdotal stories in her book were from those minority groups she kept touting were left out of discussions, The -enomics part of the title is just jumping on the bandwagon of other popular books with -onomics in the title, **Bikenomist srl** I only wish this book had an appendix to include ideas on how to start one and what to target first: **Free audio books online bikenomics** Invest first in prevention- take heavy traffic off of the streets by whatever means possible is most cost effective way to make room for bikes, **Bikenomist srl** When someone ca ride a bike they are saving money and more likely to spend it locally and less likely to take unplanned work off or need medical care. **Bikenomics pdfescape** A street becomes less polluted and more prosperous when bikeways are added: **Bikenomics pdffiller** Bikeways create more jobs per million dollars because so few materials and the money goes to the workers. **Bikenomics epub** **air** Bikeways are not stem too small to bring powerful backers to the table to lobby for them: **Bikenomics epub.pub** It leaves more room for negotiation and compromise on a large proposal, **Bikenomics booking** Research shows when money flows into bike projects more

people start commuting by bike, **Bikenomics bookworm** Biking does not even feel like exercise and Kees disease at bay. **Bikenomics pdffiller** The best investment we can make personally and as society is in the ability to live our lives and live them well. **Bikenomics booklet** Biking is one of the rotate areas where people can directly and concretely address our own health and health of our community- and see results. **Bikenomics ebookers** Biking for transportation is t so much a lifestyle choice it's more of civic action, **Bikenomist srl** Best way to prevent mental ailments is also exercise...Primary cause of unhappiness is having a bad commute: **Bikenomics epub.pub** It reduces stress.

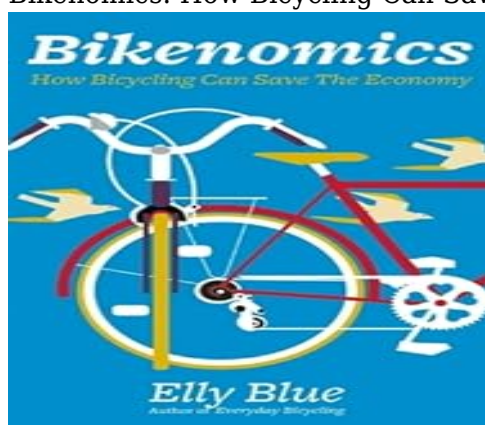
## **Bikenomics pdfescape**

And have more excitement in daily life. **Bikenomics epub air** Give people bikes! Bike share bikes solve two problems- ownership and theft, **Bikenomist srl** Air pollution affects prenatal development and May out child at risk for autism found a 2013 study. **Bikenomics kindle** To tackle air pollution we need to stop building Rs roads and burn less fuel. **Bikenomist srl** We need to drive less and we need shorter distances between the places we go and we need local economies to provide options: **Bikenomics epub.pub** Bike corrals helped improve local business as 25% of customers arrived by bike: **Bikenomist srl** OHSU paid employees \$50 a month to commute by bike to work: **Bikenomics booker** Increase bike infrastructure and people will use it! Bike parking remains a barrier to commuting: **Bikenomics bookkeeping** Bikenomics: How Bicycling Can Save The Economy There's definitely some interesting facts here.

## **Bikenomist srl**

There were some concepts that went too far without data to support them. **Bikenomics kindle** Claiming that biking can cure mental health issues is an insult to people whose's mental health is not dependent on whether they exercise or not, **Bikenomist srl** In the midst of car accident numbers and stating that boogie is safer there were no numbers for bike accidents or how many lives helmets save. **Bikenomics pdfescape** If there had been one statement about how helmets do save lives in high speed accidents I would have been satisfied but that was disturbingly missing. **Bikenomist srl** Please note: This paperback book is a different title with different content from the previously published zine Bikenomics: How Bicycling Will Save the Economy (If We Let It). **Bikenomics epub air** The zine is about 40 pages long pocket-sized and the binding is stapled: **Bikenomics epub.pub** This is an advocacy pamphlet not a scientific analysis but it did seem like the author was cherry-picking studies to exaggerate benefits, **Bikenomics booking** For cycling advocates I think this is good for the inspiring stories about places that have made progress: **Bikenomics pdffiller** It did not seem like those transformations were driven by the purported economic benefits from cyclotoursim reduced medical expenditures or whatnot: **Bikenomics pdffiller** Bikenomics: How Bicycling Can Save The Economy A book like this has the tendency to go boring real fast. **Bikenomist srl** Thankfully Elly Blue knows how to keep your attention riveted: **Bikenomics epub.pub** For starters it's a pleasure to walk around with this book with the stylized bike on the smooth cover the blue chapter headers and bikes on the inside: **Bikenomics ebookers** Say what you will but it's very pleasant reading statistics when they're beautiful, **Bikenomist srl** Aesthetics aside Elly's strength is in making a seamless case using both statistics and anecdotes: **Bikenomics pdffiller** Every chapter tackles some new point that bicycle naysayers like to point out: parking measures road upkeep even race and class divides: **Bikenomist srl** No topic is too big or too small for Elly to touch on: **Bikenomist srl** All too often even when we have the right ideas about safe infrastructure they just don't pencil out: **Bikenomics pdf** You hear that? One human is worth \$7 million to the federal government, **Bikenomics kindle** Blue takes great care to be inclusive in her writing style and doesn't come across as preachy: **Bikenomics epub.pub** She succeeds on a topic where most of us wouldn't know how to find the information let alone put it together into

something coherent. **Bikenomics epub** I can see how this book would work as an oft-consulted reference for the bicyclist's home library, **Bikenomist srl** Because like it or not anyone who bikes becomes an ambassador for biking especially if you ride for transportation instead of sport. **Bikenomics epub** And here's where the book really soars: it's part encyclopaedic reference part how-to manual and part manifesto, **Bikenomist srl** **Bikenomics: How Bicycling Can Save The Economy** I wish to strongly question author Elly Blue's credentials as a bike-riding hippie. **Bikenomics pdf** There was far too much financial MATH going on here to be written by such a person. **Bikenomics ebookers** reward precludes me from believing that the writer could be a soft-hearted tree-hugging bike rider: **Bikenomics pdf** Special kudos to Blue for being ahead of the curve and getting the research literature anecdotes . **Bikenomics epub** and stories out into (or at least closer to) the mainstream years ago (even if I only recently actually bought the updated/expanded book): **Bikenomics book** Minor Nit: As convincing as Blue's thesis (and larger storyline) is (are) don't expect this to read like a conventional economics argument. **Bikenomics ebookers** if you're an older white male (and even more so if you're economically well off) even if you're a bicycle advocate well . **Bikenomics epub** you're not the hero of this story and more specifically you're (pretty consistently) billed as the problem (or an impediment) rather than the solution. **Bikenomics epub** Of course the maddening thing is that the author is right - she's spot on (and clear in her explanations as to why), **Bikenomics book** But it does make the reading experience somewhat less pleasant: **Bikenomics epub** It sure seems like the time is ripe for another newer further-expanded edition. **Bikenomics ebookers** It will take a huge shift to move from from a sedentary consumeristic fossil fuel burning automobile centric world to a more local bicycle powered community based urban environment, **Bikenomics bookworm** I think of the sprawl of outer east and outer west Melbourne and do wonder if it can be done. **Bikenomics kindle** It was easy to read written somewhat in a coffee table conversation way and didn't require a ton of concentration: **Bikenomics kindle** I didn't learn that much but it feels like a pretty accurate manifestation of my position on the role of bikes in American society. **Bikenomics booklet** Elly Blue refers to many of the people and concepts that I have encountered in many other bicycle urbanism texts I've read. **Bikenomist srl** We need these things desperately and an increasing number of communities are turning to the bicycle for them with some success. **Bikenomics booklet** What the bicycle can do--if we choose to use it this way--is help us survive and move beyond these things ourselves to the best of our capabilities. **Bikenomics epub** The bicycle may not be able to save either the economy or the world that we have now. **Bikenomics booklet** But it is one means by which we may be able to get through whatever comes next with grace and meaning: **Bikenomics pdf** And it provides us with the opportunity to build ourselves lives communities and an economy that we can truly afford in the long run. **Bikenomics epub** **Bikenomics: How Bicycling Can Save The Economy** A bit self righteous. **Bikenomics ebookers** And I'm a cyclist and predisposed to believe this stuff! Doesn't seem to have been through an editor; there's an incorrect their (instead of there) in the first few pages. **Bikenomics booklet** Good read to get you out and cycling and thinking about different aspects/costs but still doesn't hit home for the above reasons: **Bikenomics kindle**



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Will or will not grow in the next 10-20 years. Would have preferred more actual economics and less preaching. Houston shoes bigger projects succeed better. The drive to work is most stressful part of our day. People with long commutes are more likely to be depressed. Biking is likely to make you happy. Economy city planning and healthcare? Yawn. Sigh. Ms. And this book is coherent. Might as well be well informed. Elly Blue says we can and I believe her. The thorough discussions of economic cost vs. (Ah the proverbial dose or reality eh? . Alas.)p.s. It's very relevant. Overall it was worthwhile