

Back in 5 Minutes an expression of depression By Clint Catalyst

# Back in 5 Minutes an expression of depression help

Nathalie Boisard-Beudin 2940012160355 Back in 5 Minutes ~ an expression of depression Volume 1 Back in 5 Minutes is a collection of poetry lyrics short stories excerpts of scripts and artwork from established and emerging talent. **Back in 5 Minutes an expression of depression** Back in 5 Minutes ~ an expression of depression Volume 1 Back in 5 Minutes is a collection of poetry lyrics short stories excerpts of scripts and artwork from established and emerging talent. **Back in 5 Minutes an expression of depressionist** The idea was to collate similar pieces from as many writers and artists as possible; the desire was to provide empathy and inspiration for anyone going through a similar experience of isolation and mental struggle: **Back in 5 Minutes an expression of depressionist** The 'expression of depression' series of anthologies arose from a journal and pad of art therapy pictures recorded during a stint in rehab, **Back in 5 Minutes an expression of depressionist** Back in 5 Minutes is the first volume in a series of six, **Back in 5 Minutes an expression of depressionist** Featuring work by Sadie Frost Clint Catalyst Alice Temple and Lucie Barat Back in 5 Minutes an expression of depression

