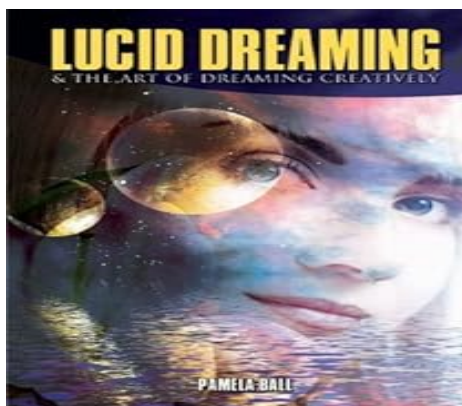


Lucid Dreaming \u0026 the Art of Dreaming Creatively By Pamela Ball **Lucid dreaming u0026 the art of dreaming creatively** The book covers: managing your dreams; keeping a dream journal; understanding and using symbolism and archetypes; dealing with illness or personal difficulty through precognitive dreams; and using dreams to change your day to day reality and create a positive.

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