

The Virtues of Aging By Jimmy Carter

THE VIRTUES OF AGING by Jimmy Carter February 25 2006 Rating In THE VIRTUES OF AGING President Jimmy Carter writes about what a senior citizen can do to feel fulfilled and productive in ones last stage of life As usual he is uite candid as he writes about his own life his marriage to Rosalyn and recounts stories about his family and friends I always enjoy reading Carter's non fiction as he always has some interesting anecdotes as well as some wisdom filled stories that he passes on to his readers Carter never preaches and I for one appreciate it In fact in this particular book he admits at the end that he tried to refrain from uoting much from the bible as he felt it would detract from the topic But since the church is a big part of his life he did talk about his own participation with his church and did uote a few times in appropriate places as he discussed issues on aging I have to admit I'm rather biased because I have always admired the work Jimmy Carter has done since his presidency Knowing about the good works he's done in the past few decades I do not find it difficult at all to see that he's also left his mark in his writings He's shared with the world what he has learned through his own past experiences as a son a father and grandfather as well as Governor and President of the United States I'm slowly collecting all of his books and so far have enjoyed what I have read THE VIRTUES OF AGING was not as structured as some of his other books have been but I don't think it was meant to be It is a collection of thoughts and ramblings of aging gracefully from his point of view The Virtues of Aging I buy every book that Carter writes and I love them all They are insightful intelligent and inspired Buy it read it and think about it That's all I can say The Virtues of Aging This is a beautifully written book and it is helping me gain a new perspective It has taught me to determine a new purpose for my life and re dedicate my life Getting older is not an end not if I don't want it It is a time for renewal and rebirth It is a time for finding new interests and perhaps even a new or renewed purpose I am so happy President Carter wrote this book He faced so many worse events at age 56 and beyond than I could ever face He has taught me to be resilient and approach my life with a new positive outlook I love this book Thank you President Carter for re directing my life The Virtues of Aging A signed copy that was a pleasant surprise A book on aging gracefully and being content with one's current situation The Virtues of Aging This book is outstanding in laying down the concepts and actions that may be taken to any retiree me included and that helped me to put into perspectives what to do with the remaining time of my life Some of this concept I have been practiced others just a few and others none I have work to do for planning and executing my priorities which at this time I write is not clear to me The Virtues of Aging We are not alone in our worry about both the physical aspect of aging and the prejudice that exists toward the elderly which is similar to racism or sexism What makes it different is that the prejudice also exists among those of us who are either within this group or rapidly approaching it When I have mentioned the title of this book to a few people most of them responded 'Virtues What could possibly be good about growing old' The most obvious answer of course is to consider the alternative to aging But there are plenty of other good answers many based on our personal experiences and observations from THE VIRTUES OF AGING We are not alone in our worry about both the physical aspect of aging and the prejudice that exists toward the elderly.

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