

Aromatherapy for the Soul: Healing the Spirit with Fragrance and Essential Oils By Valerie Ann Worwood

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Is a well-known author some of his books are a fascination for readers like in the Aromatherapy for the Soul: Healing the Spirit with Fragrance and Essential Oils book this is one of the most wanted Valerie Ann Worwood author readers around the world. **Aromatherapy for the soul** Fragrances with their intriguing ability to evoke emotions memories and visions have played an important role in the worlds spiritual traditions since the dawn of time Drawn from the essential oils of plants they serve as an earthly connection with the Divine In her fascinating book renowned aromatherapist Valerie Ann Worwood breaks new ground with an in depth study of the use of fragrance in spirituality Drawing on the pioneering research of eminent scientists and the insights of leading spiritual teachers she provides exhaustive guidelines detailing how fragrance can be used in many spiritual practices from Shinto and Buddhism to Native American rites Extensive charts exercises and formulas demonstrate the use of aroma in healing prayer and meditation and in conjunction with vibrational and energetic healing Covering than essential oils this extraordinary guide helps readers call upon the divine power of fragrance to enrich their own spiritual journeys Aromatherapy for the Soul: Healing the Spirit with Fragrance and Essential Oils

