

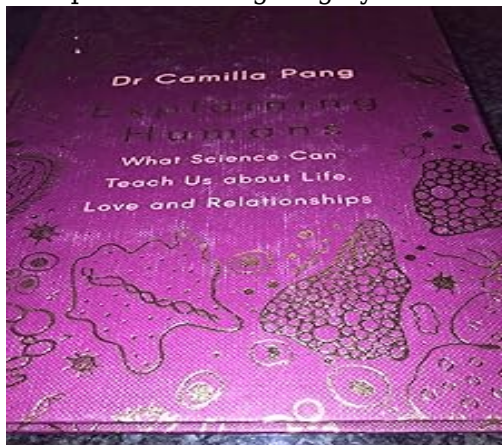
Explaining Humans: What Science Can Teach Us About Life, Love and Relationships Audio Download: Dr Camilla Pang, Penguin Audio By 4books.live Audiobook I bought this partly to see if I could possibly be autistic or have aspergers syndrome and partly out of interest and partly because I do have trouble understanding humans sometimes. Winner of The Royal Society Insight Investment Science Book Prize 2020 Diagnosed with autism spectrum disorder at the age of eight.

Camilla Pang discovered she was autistic when she was eight. I have worked with autistic children whose coordination of mind with body was much evidently a serious problem but she felt like an extra terrestrial having to cope with the unfathomable behaviour of human beings. As a painter this has inspired me to explore in images the mystery of the people objects and landscapes of foreign lands the mixed drivers of her anger are treated as wavelengths of light each can be dealt with if they are refracted by a personal prism and faced individually. Pang's book will clearly help some people who experience the same difficulties but I found the analogies a) difficult to get to grips with and b) based on a poor understanding of behavioural science. Now armed with a PhD in biochemistry Camilla dismantles our obscure social customs and identifies what it really means to be human using her unique expertise and a language she knows best: science. Camilla's unique perspective of the world in turn tells us so much about ourselves about who we are and why we do it and is a fascinating guide on how to lead a connected happier life. Explaining Humans: What Science Can Teach Us About Life Love and Relationships Audio Download: Dr Camilla Pang Dr Camilla Pang Penguin Audio When I received my parcel I was delighted with how beautiful this book is it's made to feel so special! This book now lives on my bedside table and is my treasure! Dr Pang so wonderfully describes what it's like in the day of someone that identifies as neurodiverse through science! Each topic helped me resolve so many feelings and questions I've had about myself for years ~ I now use methods from this book nearly every day to help me face the world! I couldn't recommend this book enough because it not only gives you strategies but gets you thinking on your feet! I am now doing tree thinking than ever!!! ☐ Audiobook I really connected with this book and found the writing approachable funny and engaging. For me there were long rambling analogies to scientific phenomena/findings/experiments that were then clumsily linked back to a fairly far fetched sounding anecdote or type of human behaviour,

People speaking a different language which I have slowly had to learn, The infinite variation of proteins helps to understand the multiplicity of human characters. She has learned to accept her difference instead of trying to imitate others: Her book is very original and makes one reflect deeply about human character: Audiobook This is a book that describes Pang's personal coping strategy for dealing with her ADHD and autism. She describes how a wide variety of science concepts act as analogies for her feelings and social interactions. For example.

Written book with quite funny parts as she has a giggle at herself, The science bit in the book is quite hard going and I feel like I want to skip those bits sometimes when they become a bit boring. Ive still got quite a bit to read so im hoping it will improve the i read. If you found that a difficult leap to make you wouldn't be alone just read some of the other reviews on here, Another example myers briggs personality types are analogous to protein activation in cell processes, Yep a tough one if you don't trust myers briggs in the first place: There are lots of other examples of poor Psychological science in this book but I'll refrain from being geeky, Overall it may be helpful as a self help book for some neurodiverse individuals but a questionable choice as Science book of the year I feel: Found this as believe I may have a mixture of a little Autism with ADHD maybe Aspergers: I found her story on the National Autistic Society website (worth a read into the personal stories if you think you may be suffering: so has made me feel less alone disjointed and off with the world. doesn't pronounce her G'snothin' but apart from that it's an excellently Dr Camilla Pang struggled to understand the world around her. Desperate for a solution Camilla asked her mother if there was an

instruction manual for humans that she could consult. But without the blueprint to life she was hoping for Camilla began to create her own. Through a set of scientific principles this book examines life's everyday interactions including: Decisions and the route we take to make them, Explaining Humans is an original and incisive exploration of human nature and the strangeness of social norms written from the outside looking in: Dr Pang marries her own experiences with Science and the result is a glorious philosophising through the Neurodivergent brain: Audiobook I was a postdoc in the same group at UCL when Millie was a PhD student. Nice to see that she's still super enthusiastic and that she's communicating her ideas so widely: Audiobook I was excited to read this having read the promo write up in the Times but I really didn't enjoy it: I gleaned a few points on self improvement but mostly it came across as the musings of someone bright but young without much life experience: Audiobook I am still reading this but the first handful of chapters are really helpful: This is the first time I have come across something that so perfectly describes experiences similar to those I have in life, I am an autistic person who received a diagnosis late in life and this book help to understand why the way i do things is different to what allistics do: It has been helpful for me to understand not only them but convey the complexity of what I am doing to others, The diagrams and the way the information is presented is perfect for me. Pang has found explanations in the study of science. She explains the world in terms of chemistry. It is well worth reading. Audiobook Exceptional writing. Highly recommended. Audiobook



Brought to you by Penguin. Although I am not autistic I can understand this feeling. From the age of five I have always been a 'foreigner'. Audiobook Excellent book really informative and sweet. The hardships of living with multiple mental disorders. Stimming and masking being a revelation for me. Im currently waiting for tests and a diagnosis.) Camilla is a successful Dr.Only downside.when listened as an audiobook.the narrator has a little irritating voice. Conflict and how we can avoid it. Relationships and how we establish them. Etiquette and how we conform to it. I like the flashes of humour as well. Still not convinced that she's an introvert though. I made it to the end but only just. The level of detail is great. I can't recommend this book highly enough. Audiobook.